

## Session 18

# WORMS AND SPARROWS

The children can understand that they are important to God.

**Text:** Matt 10:29-31 and Isaiah 41:14

### Materials:

- ⊗ Plastic bowl
- ⊗ Half-cooked spaghetti
- ⊗ Corn kernels
- ⊗ Chopsticks
- ⊗ A sour worm to add to the sensory bottle
- ⊗ A large stick
- ⊗ Toilet paper rolls
- ⊗ Pipe cleaners
- ⊗ Copies of the work charts
- ⊗ Make large (as large as you want) letters **W** and **S**. (Wooden or polystyrene letters can work.) Use the template to make a worm for the **W**, and a sparrow for the **S**. Also, create a brown tree branch on which to put the worm or bird, or use a real branch.

## WELCOME

Fill a plastic bowl with half-cooked spaghetti and dry corn kernels. Put 2 plates on either side of the bowl, as well as some chopsticks. Let the group divide into 2 teams. One group or team must try to save as many “worms” as possible, represented by spaghetti, and the other team must see how many birds they can save, represented by the corn kernels. Let the children cheer each other on to get as many as possible pieces of spaghetti or corn out of the bowl.

Play a variation of “fire on the mountain”. The presenter can shout out 4 basic command, which the children can then follow by making certain movements. The 4 commands are, “Birds, fly, fly fly!” (The children then must make flying motions with their arms and fly around.), “Birds, peck, peck, peck!” (Crouch down and make pecking motions with your hand as if it’s a bird’s beak.), “Worms, crawl, crawl, crawl!” (Lie down and make a crawling motion like a worm), and “Worms, curl, curl, curl!” (Curl up into a ball like a millipede.) Repeat these commands a few times, in any order. Make sure that the last command is to curl up, before going into the Worship section.

## WORSHIP

First do the **settle down ritual** with everyone curled up on the ground. Then, let the “worms” open up slowly, come to life, and then sing the **theme song**.

## WORD

This term, we have been busy with Amazing Animals. We have talked about a donkey, about ants, locusts, and even last week about deer and eagles. Today, we will talk about two different animals. Let me give you a clue...

*(Hold up the **W** so that the children can see it. Let them guess.)* You can even give them clues like, “I am like an insect,” or “I like apples”, or “You sometimes find me under things and I can twist my body into shapes. *(Then, stick the worm image onto the letter **W**.)*

Take out a Bible and open to Isaiah 41:14, letting one of the children read if they want to:

“Do not be afraid, you worm Jacob, little Israel, do not fear, for I myself will help you,” declares the Lord, your Redeemer, the

Holy One of Israel.”

**Now, consider the following questions:**

I wonder what you heard in the Bible about a worm.

I wonder if you can think when someone would feel like a worm.

I wonder how it might have made you feel that even the smallest worm is important to God.

Now, hold up the letter S. The second animal we are going to talk about today has a name that starts with the letter S. What do you think it is? (Clues can be like: “I like seeds” or “I like to sing” or “I can fly well”) Yes, birds! Sparrows! (Now, stick the sparrow image onto the letter S.) Let someone read Matthew 10:29-31.

“Are not two sparrows sold for a penny? Yet not one of them will fall to the ground outside your Father’s care. And even the very hairs of your head are all numbered. So don’t be afraid; you are worth more than many sparrows.”

**Now, consider the following questions:**

I wonder what you heard in the Bible about a sparrow.

I wonder if you can think when someone would feel like a small bird.

I wonder how it might have made you feel that even the smallest bird or sparrow is important to God.

Show both the letters W and S. Both these animals help us understand more about what we are in God’s eyes – very valuable.

What does the word valuable mean?

We can say that valuable means, “I am important”. These Bible passages help us to understand that we are important and valuable to God. We are so valuable that He made each one of us special and different – there is only one of you or me!

## **WORKING AND PLAYING TIME**

◆ Use toilet paper rolls and pipe cleaners to make a worm or a bird. Children can attach their worm or bird onto the branch.

◆ Let the children fill in in the worksheets. (There are different ones for Grade 1-3 and 4-6.)

Grade 4 – 6: Complete the sentences and choose one of the answers to the multiple questions which fit you best.

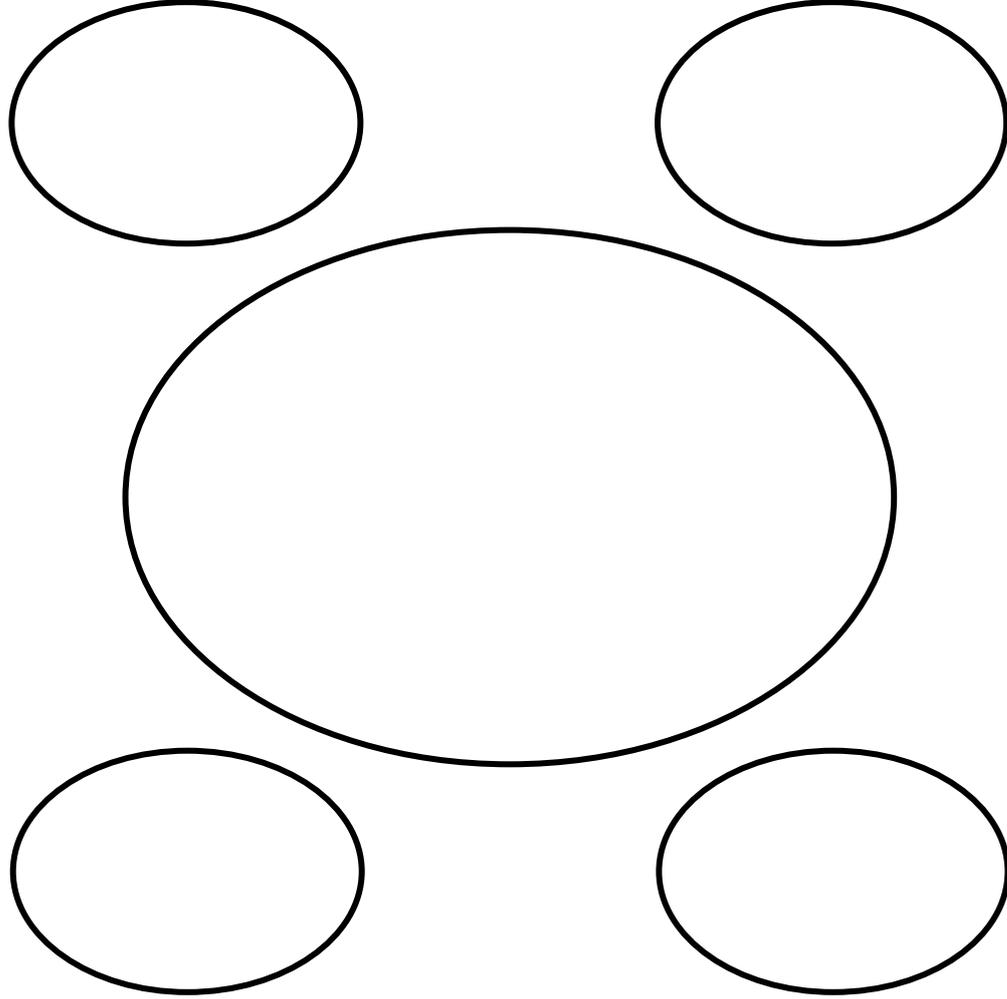
Grade 1 – 3: Draw a picture of yourself in the large oval. Draw different things you like in the 4 smaller ovals. Afterwards the children can share their pictures and appreciate their differences.

◆ Children can make a W/S badge that can be attached to their clothes to remind them that they are important and valuable.

Finish off with the prayer of blessing.



**I AM VALUABLE TO GOD.**



**THERE IS JUST ONE LIKE ME!**

**I AM VALUABLE TO GOD.**

My name is \_\_\_\_\_.

I am good at \_\_\_\_\_.

One day, I want to become a \_\_\_\_\_.

I like to be among lots of people. / I like to be by myself.

I prefer: Salty or sweet

Inside or outside

Yellow or green

Swimming or hiking

Popcorn or chocolate

No-one knows this about me: \_\_\_\_\_

**THERE IS JUST ONE LIKE ME!**

